

MEDICINAL AND SPICE SPECIES IN NUTRITION AND MEDICATION (MSc) Spring 2020

Course content and requirements

UPDATED from 20 March 2020

Course content/LECTURES (Monday 10-12 h).
Classification of special plant compounds, main classes
History of spices, their active compounds, spices
Dietary-supplements: possibilities and restrictions
Special plant compounds in the Pharmaceutical Industry
Background of development of European medication
Traditional Herbal Medicinal Product: possibilities and restrictions
Special plant compounds in medication of heart diseases
Special plant compounds in medication of central nervous system
Special plant compounds in medication of peripheral nervous system
Special plant compounds in medication of digestive system.
Special plant compounds in medication of respiratory system.
Special plant compounds in medication of secretory system

Because of the risk situation and epidemiological regulations, personal presence is not allowed for an uncertain period.

From the week of 23 March the course is continued as skype conference.

You may register for skype talk with the course teacher prof bernáth according to the message sent to each student through the Neptun system.

REQUIREMENTS

Precondition of signature: ~~active participation (max. 3 absence)~~, essay on products advertised on Internet (each student has to analyse 1 dietary supplement, 1 Traditional Herbal Medicinal Product, 1 spice mixture, 1 food and 1 pharmaceutical medicine) as announced at the first lectures. **Please, ask the teacher for explanation if you need more information: bernath.jeno@kertk.szie.hu**

Exam: oral (personally or through the skype **–depending on the actual situation**)

The exam is based on the program of the lectures which will be available in the e-learning system.

Budapest, 19.03.2020

Prof. Dr. Jenő Bernáth